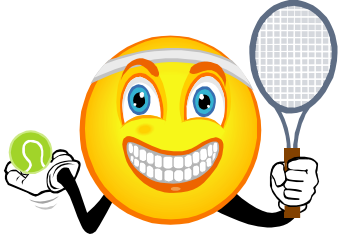


Adult Weekly Tennis Courses



Barnet L.T.C. Summer Term 2010

Prices for non-members are shown in brackets. **Note new early-bird discount rate of £10.00 per player may be deducted from the prices shown below if forms and payment are received at least 5 days before the first day of the course.**

Code	Course	Day	Dates	Time	Cost
A1	Beginners	Sun.	25-4-18/7	9-10a.m.	£65.00 (£76.00)
A2	Improvers	Sun.	25-4-18/7	10-11a.m.	£65.00 (£76.00)
A3	Intermediate (Ladies)	Sun.	25/4-18/7	11-12a.m.	£65.00 (£76.00)
A4	Intermediate (Men)	Sun.	25/4-18/7	12-1p.m.	£65.00 (£76.00)

See course information inside for more details. Courses run for 11 weeks and do not include 30th May and 6th June.

Places are limited so please reply early to avoid disappointment. Priority is given to club members, but only if bookings and payment is received at least 5 days before the start of the course.

Please also look out on the website, notice-boards and e-mail for details of more adult coaching.

Course Information – Adult Weekly Courses Summer Term 2010

A1 Beginners – Players who are new to the game, or not played for many years. Course includes an introduction to basic strokes, rules of tennis and using your shots in a game situation. The main aim will be to give players the confidence in their strokes and knowledge of the game, to be able to join in club social tennis.

A2 Improvers – Players now have an understanding and ability to play basic strokes, and are likely to have been playing for a year or more. The course will teach more variety of strokes e.g. use of spin, and also develop placement and consistency.

A3 Intermediate (Ladies) – Players who take part regularly in club social tennis, and possibly in club teams. The course will work on more advanced singles and doubles tactics and positioning, using your strengths and exploiting opponents' weaknesses. Serve and return will be key features. The course will introduce more specialist shots and tactics, and feature use of spin, power and accuracy.

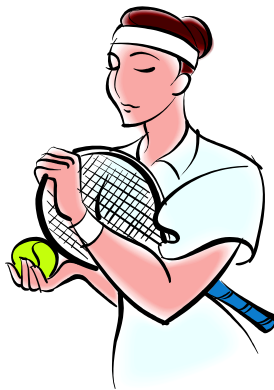
A4 Intermediate (Men) – As for A3 Ladies Intermediate course described above, but with slightly more emphasis on serve and volley and power play.

PLEASE NOTE COURSES RUN FOR 11 WEEKS AND DO NOT INCLUDE 29th May and 6th June.

To apply for one of the above courses please complete the reply slip and return it to: Mr. J. Hall, 2 Park Crescent, Enfield, Middx. EN2 6HS. Please remember to apply at least 5 days in advance of the course to receive your early bird discount.

Frequently Asked Questions

1. What should I wear? – Players should wear ‘recognised tennis clothing’ – no football shirts, jeans etc. Tennis shoes must have non-marking soles.
2. Which group should I apply for? – Players should apply for the same course as their previous term unless they have been instructed to change. New players can contact John Hall (Club Coach) for advice if necessary – Telephone: 020-8482-0518 (H), 0771-3951489 (M) or E-Mail: JohnH811@aol.com.
3. What happens if lessons are cancelled? – Players will be given credit vouchers for follow-on courses in the event of lessons being cancelled due to bad weather. These will be issued on the final week of each course. If you cannot make the final week, or it is cancelled due to bad weather, you may send a S.A.E. to ‘Mr. J. Hall, 2 Park Crescent, Enfield, Middx. EN2 6HS’ and I will post the vouchers to you. If you are in doubt about a lesson taking place please turn up to check. Please note players may not claim credits for lessons they miss which have not been cancelled e.g. holidays, illness etc.
4. Can I pay in instalments? – You can pay by 2 equal cheques if you prefer, post-dating the 2nd cheque to the first session after the Half Term break.
5. Can I join a course after it has started? – No problem, as long as there are still places available! You just pay for the remaining weeks on a pro rata basis.



ADULT COACHING PROGRAMME SUMMER TERM 2010 – REPLY SLIP

NAME _____

ADDRESS _____

POST CODE _____ E-MAIL _____

HOME TEL. NO. _____ MOBILE TEL. NO. _____

CLUB MEMBER –YES/NO*

COURSE CODE _____ NAME OF COURSE _____

Please tick the relevant boxes below if you **do not** wish to receive further course information sent via:

[] E-Mail

[] Home address

Neither Barnet Lawn Tennis Club, nor any of the coaches working at the club, shall be liable for any injury sustained by anyone taking part in the above activity. We will undertake, however, to exercise all reasonable care and attention in making activities as safe as possible. Please read the ‘Frequently Asked Questions’ section on the back of the leaflet.

Signature _____

Please send a completed reply slip and a cheque (made payable to ‘J. Hall’) to ‘Mr. J. Hall, 2 Park Crescent, Enfield, Middx. EN2 6HS’.

* Delete where appropriate